

AISHA ROKOVSKY - PERFECTION

Individual Coaching

The Beauty in Me

The Art of Discovering Your Aura and Implementing it Effectively

Becoming a Desirable Woman

TOPICS:

- How you gain **self-confidence**, composure und esteem
- Becoming a **desirable woman** – as single lady
Or in a **relationship** – tips and advice
- **Communication** – How you communicate convincingly,
Rediscover your potential and remain **authentic**
- Learn to apply **makeup** tailored to your look and type,
Tips and techniques, how to look and feel your best
- Optimizing your **dressing style**, creating the individual touch
to enhance your appearance with creative use of accessories
- **Hairstyling** - suggestions tailored to suit you (*if required, at the end of our consultation session, I would accompany you to the top hairdresser; prior booking of appointment at hairstylist advisable; Costs for haircut/colour etc. are charged separately at the salon*)
- **Body language**: Pose or posture? Gestures, facial expressions and learn the **walk** of a queen, how she walks through life with grace

LOCATION:

Konstanz-Bodensee / Säntisstr. 2a 78464 Konstanz
(Also possible **at your requested location** – including related costs and expenses such as travelling costs with car / flight, hotels, overnight stays, etc.)

TIME:

By appointment and Also possible online

Duration about 5-6 hours – excluding hairdresser appointment
(only available during weekdays, in the time period 1.7.-15.9.also available on weekends)

Enquiry: by email info@aisha-rokovsky.de , by telephone at **07531/60916** or **0172 840 08 11** I will get in touch with you promptly.

PREIS: EUR 750.00, +19% VAT. (max. 2 ladies, EUR 480.00 per person)
(included in the price: in Konstanz: drinks, snacks; trip together to the hairdresser; if necessary, pick-up at train station, Zürich airport additional 40,-€. The fees are to be paid in cash on site, against invoice or by bank transfer before the appointment.)

You can also **choose freely from at least 2 topics**

Charges for one intensive compact hour, 190,-€ per person, +19% VAT

Goal: A special for the woman, who strives for her own inner harmony, and who want to stand out from the crowd. Personal coaching is individualized, structured precisely based on your own personal wishes, questions and needs. The program is intensive and takes place in an honest, relaxed, yet confidential and discrete atmosphere. Your goals are defined. You will experience and perceive what helps you to transform your weakness into strengths, with positive and lasting effects.

“You don’t have to be great to start, you have to start being great”.

